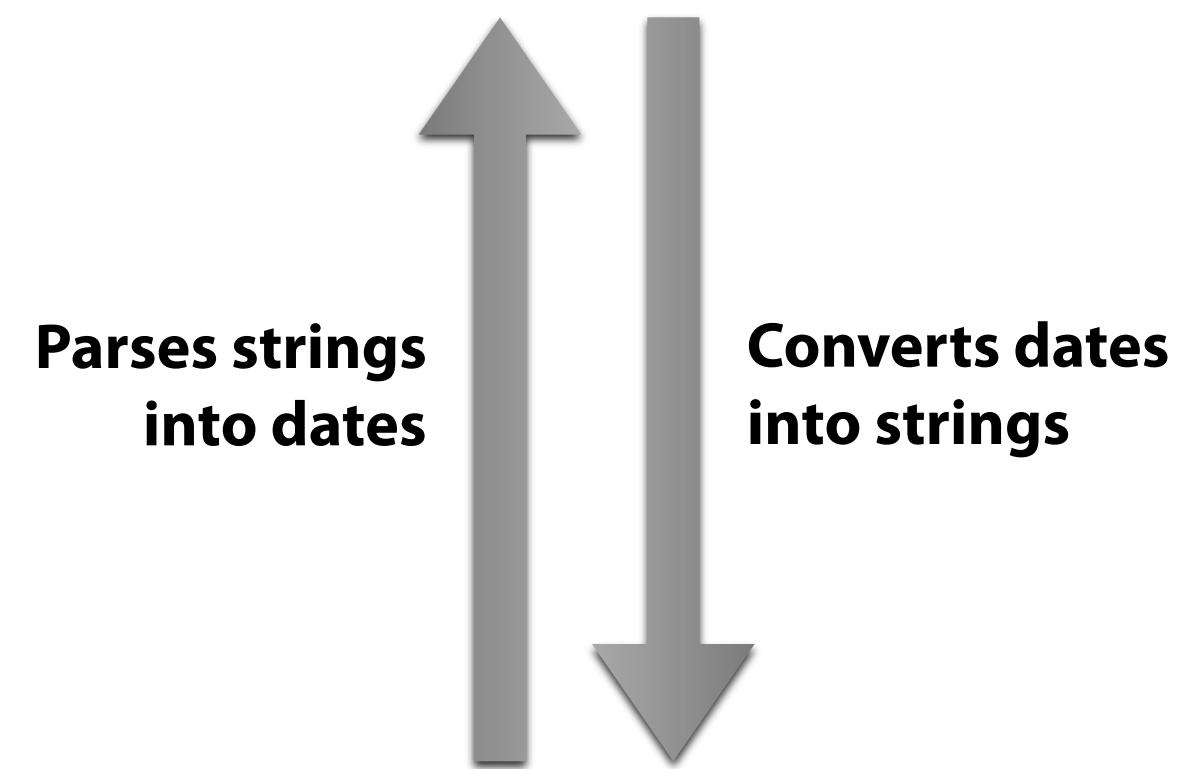




- ▶ Wrapper for `NSTimeInterval`.
- ▶ Absolute point in time.
- ▶ Millisecond precision.
- ▶ No concept of time zone or calendar.

- ▶ Date/time split into components.
- ▶ Represents absolute date or difference between dates.
- ▶ Includes time zone and calendar.
- ▶ Used to create specific dates programmatically or determine components of a date.

- ▶ Many calendars in use worldwide.
- ▶ Interpreting date components or string representations of dates makes no sense without knowing the calendar.
- ▶ Used to convert between `NSDate` and `NSDateComponents`.



- ▶ Used to convert between `NSDate` and date strings (both directions).
- ▶ For UI display: respect user's locale settings.
- ▶ For machine processing: set up controlled environment (locale, time zone).



- ▶ `NSRegularExpression` subclass.
- ▶ `NSTextCheckingTypeDate` detects free-form date/time info in strings.
- ▶ Use when you can't control the date format.

- ▶ Represents a user's preferred regional settings.
- ▶ Used to format dates according to user preference.
- ▶ Use `@"en_US_POSIX"` locale for controlled environment.